WELCOME TO OUR SUMMER NEWSLETTER 2021!

SUMMER NEWSLET

THE BEECHES

School's out and Summer has officially arrived!

Our team have been working hard to continue developing our service in order to provide the highest quality of care possible to all our residents and students.

We have enlisted the services of <u>Psychology Talks</u> who will provide tailored programmes to help improve psychological functioning and wellbeing amongst the young people within our care.

We are excited to be expanding into London where we will be opening a new 4-bedroom Ofsted registered home.

Our new Sports Coach hosted our first ever <u>Boxing Challenge</u> across all our semiindependent living homes in April. The challenge provided our young people with an avenue to engage in physical activity but also to enjoy themselves. Everyone worked extremely hard, and all participants were given with special medals to award them for their efforts.

SUPPORTED LIVING HOMES

Our supported living services support young people aged 16-25 with a variety of needs across eight homes, helping them learn how to live independently and acquire important new skills.

We kicked off Summer with some fantastic days out, including to Fantasy Island Skegness. Our young people demonstrated their keenness for adventure by riding the biggest rollercoasters and sky swings. They also showed off their competitive sides at dinosaur themed crazy golf and in the games arcade!





Everyone got into the spirit of football in particular one young person who put on his football shirt and worked really hard to create a special collage in support of Euro 2020.





One young person also enjoyed a spot of magnet fishing, even managing to find some pennies.

We motivate our young people to maintain healthy and balanced lifestyles, and our staff regularly support them with exercise sessions. We are really proud of one of our residents who put aside his reservations about going to the gym, and managed to complete a full workout consisting of cardio training using the cross-trainer and skipping ropes, chest workouts using designated machines, and free weight exercises.



We would also like to commend another resident who took one step closer to independence by applying for a job via Indeed. Our staff helped him with his application and gave him advice on how to approach and speak to employers. We wish him the best of luck in his interview!

RESIDENTIAL CHILDCARE

We currently have three registered children's homes: The Willows, The Cedars and The Maples where we care for children/young people with learning disabilities and associated challenging behaviour.

We are excited to announce that our brand new children's home, Magnolia House (in Ealing, London) is currently going through Ofsted registration and will be opening very soon. Stay tuned for further updates!

Staff and young people have been keeping busy across all of the homes with lots of activities. Find out more below about what they've been up to below.

THE WILLOWS

We are thrilled that venues including activity centres have now reopened. Our Willows team have taken the opportunity to plan and explore many new and different facilities.

Three of our young people took their driving experience to the next level by racing each other and against the clock. The fast laps were: Driver 1 in 37.491s, Driver 2 in 35.542s, and Driver 3 in 35.632s.

They were all congratulated on their performance and had the opportunity to stand on the podium, then were and eager to go again. We may have the next Lewis Hamilton on our hands!



Next was Peterborough Fair, which all the young people were excited to attend for a funfilled day with lots of candy floss and popcorn.

They also visited Skegness and Hunstanton where they walked along the coastal beach, played in the sand and sea, explored the game arcades and took their adrenaline to the extreme on thriller rides.

All young people gathered together for a family bonding experience with a meal out at Pizza Hut. We won't reveal how much was eaten, but let's just say that one our young people's eyes were certainly drawn to the ice cream factory!

Our residents also enjoyed a day out at Bugtopia, where they got the chance to come up close and personal with animals including a 17ft reticulated python. One young person had the courage to stand next to and touch it as it roamed free.

We are proud to have seen all our young people grow and develop in independence over the last couple of months. They have built valuable skills in completing general day-to-day tasks, and one young person in particular has really excelled in independence within the community. Keep up the good work guys!





THE CEDARS

We encourage all of our young people to let their individuality flow through various mediums such as art, music and drama. Numerous studies have shown the positive benefits of creative arts in boosting mental health as it can help lift our moods, combat depression and lower stress levels.

One young person at The Cedars demonstrated his unique musical talent by producing and recording his own song. He worked really hard to write something that showcased his personal feelings and experiences.



Our other residents took to fashion design by transforming various items of clothing into some really fantastic tie-dye creations.







THE MAPLES

The Maples team have been very busy celebrating four birthdays with plenty of party foods, meals out, birthday cakes and balloons.







Staff have been working with our young people to build positive relationships with the local police force, and arranged for them visit to The Maples where everyone could look at the police car and equipment.

This included trying on handcuffs and sitting in the police car. They even got the chance to switch the sirens off which was great fun for all!



INDEPENDENT SPECIAL SCHOOL

We are delighted to see our students continue to excel at school. 100% of eligible students have made progress in English (Reading), English (Writing) and Mathematics over the course of this academic year.

In non-core subjects, students have progressed well in the practical element of Food Technology (87.5%), 100% making progress in Humanities and 75% of students have made progress in Art.

89% of students have demonstrated progress in English and Maths Baseline Assessments. The average progress made in English is 34.5% per student between Autumn and Summer. The average progress made in Maths is 26 marks per student between Autumn and Summer.

Average progress in sight reading age is +6 months and average progress in reading comprehension age is +3 yrs and 7.5 months.

Students have been busy producing some fantastic pieces of work across all lessons, including learning different types of stitching in Art, and in Food Technology they made their own ice cream and bread.

In Science, they learnt about the 4 main stages of the lifecycle of the platypus, then had a go at making one with clay before painting them.

In Life Skills, students chose a subject that they were passionate about and created a PowerPoint document before presenting it in front of their teachers and friends.

In English, students looked at different types of bugs and chose one to research. They then wrote their own stories using the skills they learned.

In Mathematics, students have been learning about money, time and fractions. We use resources in all of our learning, so the students have a kinaesthetic and visual approach which makes the lesson more interesting and more inclusive.

In PSHE we have been discussing important life lessons and how we can demonstrate being respectful to others.

The academic achievement and progress this year is amazing and we look forward to continuing to achieve next year!



Earlier this month it was <u>Sports Day</u>, which as per tradition, was highly anticipated by all, with children and staff eagerly looking forward to taking part in races ranging from the 100-metre sprint, through to the sack race, and egg and spoon race.

As always, the children exceeded all expectations with their determination, ability, and good spirits throughout the day. The care and consideration shown towards each other was evident and heart-warming to see.

After an afternoon of fun, laughter, and excitement, the children enjoyed an awards ceremony where everyone was presented with trophies and medals for taking part. After the ceremony, everyone enjoyed a well-deserved spread of homemade cakes and strawberries whilst wearing their medals with great pride.

Finally, we are excited to have a new Occupational Therapist (OT) joining our school very soon! The OT will use a holistic approach to support our students with what they need and want to do in daily life, taking into account their individual abilities, strengths and needs. The OT will work in collaboration with the student, their family and other key people to provide the right level of support and guidance.

A NOTE FROM OUR DIRECTORS







Over the past few months, our young people have had some great achievements, from developing independence and important skills, to achieving awards and exploring passions, including a budding musician who recently spent time in a recording studio writing and recording their own song.

At The Beeches we have an incredible team who are all working hard to achieve the best outcomes for our residents. We are continuing to expand our team and have recently hired some very experienced and inspiring staff. We are proud of our team who have all come together as one united front, showing the utmost dedication and commitment to the young people that we support in often very challenging circumstances.

The continual improvement of our homes, school and company as a whole, are paramount to us. We have invested in developing our homes after speaking to residents and listening to their feedback and requests, including creating a soft room in one of the homes which everyone is really excited about. Face-to-face training has now been re-introduced in line with government regulations, which has been much more effective and a benefit for all.

Our application to register for CQC is moving in the right direction and should be finalised within the next few weeks.

Thank you for taking the time to read our newsletter. We look forward to continuing to build relationships with you, and welcome your young people into our services.

You can find out more about our services on <u>our website</u>. If you have any queries or require any further information, please do not hesitate to <u>get in touch with us</u>.